

# fasting MENU



## **Eggplant and Tomato Salad**

150/70/30g (0E) \_\_\_\_ 24,00 lei

fresh eggplant, cherry tomatoes, onion,  
sunflower oil, salt

*Calories (100g): 354.25 Kj, 85.32 kCal*

## **Eggplant and Mushroom Zacusca**

200g (0E) \_\_\_\_ 22,00 lei

fresh eggplant, bell pepper, button mushrooms, white  
onion, sunflower oil, tomato paste, salt, peppercorns,  
bay leaves

*Calories (100g): 439.37 Kj, 105.97 kCal*

## **Oriental Salad**

300g (3E) \_\_\_\_ 20,00 lei \*3, 6, 9

potatoes, black olives, pickled cucumbers, red onion,  
pickled bell peppers, sunflower oil, vinegar, salt, green  
parsley

*Calories (100g): 346.48 Kj, 82.55 kCal*

## **Mashed Beans with Caramelized Onion**

200/50g (0E) \_\_\_\_ 18,00 lei

dried beans, white onion, sunflower oil, garlic, salt

*Calories (100g): 402.71 Kj, 96.65 kCal*

## **Bean Soup**

400g (1E) \_\_\_\_ 20,00 lei \*3, 9

dried beans, tomatoes, bell pepper, tomato paste,  
white onion, celery, carrots, sunflower oil, pickled  
tarragon, vinegar, salt

*Calories (100g): 307.23 Kj, 73.62 kCal*

## **Vegetable Soup**

400g (1E) \_\_\_\_ 20,00 lei \*3, 9

tomatoes, potatoes, cabbage, green peas, pickled  
hot peppers, green beans, tomato paste, white onion,  
sunflower oil, bell pepper, carrot, celery, vinegar, green  
parsley

*Calories (100g): 213.31 Kj, 51.12 kCal*

# *fasting* MENU

## **Braised Cabbage with Polenta**

300/200g (OE) \_\_\_\_ 24,00 lei  
cabbage, polenta, tomatoes, sunflower oil,  
white onion, green dill, salt  
*Calories (100g): 411.77 Kj, 98.26 kCal*

## **Mushroom Stew with Polenta**

300/200g (OE) \_\_\_\_ 30,00 lei  
polenta, button mushrooms, white onion, water, bell  
pepper, tomatoes, tomato paste, sunflower oil, salt  
*Calories (100g): 397.86 Kj, 94.87 kCal*

## **Grilled Mushrooms**

250g (OE) \_\_\_\_ 22,00 lei  
Button mushrooms, salt  
*Calories (100g): 140.14 Kj, 33.32 kCal*

## **Soy Paprikash with Dumplings**

350g (8E) \_\_\_\_ 28,00 lei \*2, 5, 7, 9  
soy, gnocchi, bell pepper, tomatoes, sunflower oil,  
garlic, tomato paste, ketchup, white onion, parsley,  
salt, black pepper  
*Calories (100g): 765.15 Kj, 181.51 kCal*

## **Vegetable Julienne with Tofu and Soy Sauce**

300g (2E) \_\_\_\_ 28,00 lei \*5, 7, 9  
tofu, fresh eggplant, zucchini, bell pepper,  
Champignon mushrooms, leek, olive oil, white onion,  
soy sauce, chili sauce, salt, black pepper, green thyme  
*Calories (100g): 474.36 Kj, 113.86 kCal*

## **Red Bean and Corn Quinoa**

200g (1E) \_\_\_\_ 29,00 lei \*1, 5, 7  
quinoa, red beans, corn, leek, tomatoes, bell pepper,  
button mushrooms, zucchini  
*Calories (100g): 795.22 Kj, 189.36 kCal*

## **Crispy Salad Mix with Tempura Tofu and Quince Sauce**

180/100/50g (6E) \_\_\_\_ 33,00 lei \*5, 6, 7, 9  
crispy salad mix, tofu, sweet chili sauce, tempura flour,  
mustard, quince jam, frying oil, lemon, pomegranates  
*Calories (100g): 724.18 Kj, 173.11 kCal*

### **\*Allergens:**

1. eggs | 2. milk | 3. celery | 4. fish | 5. gluten | 6. mustard | 7. soy | 8.  
tree nuts | 9. sulfur dioxide or sulfites | 10. sesame seeds

\* - from frozen product