

fasting MENU



Vegetable soup

400g (1E) ____ 19,00 lei *3, 9

tomatoes, potatoes, cabbage, green peas, pickled hot peppers, green beans, tomato paste, onion, sunflower oil, bell pepper, carrot, celery, vinegar, green parsley

Calories (100g): 223.19 Kj, 53.46 kCal

Bean soup

400g (1E) ____ 19,00 lei *3, 9

dried beans, tomatoes, celery, carrots, onion, bell pepper, sunflower oil, tomato paste, pickled tarragon, vinegar

Calories (100g): 274.39 Kj, 65.60 kCal

Mushroom stew with polenta

300/200g (1E) ____ 29,00 lei *5, 9

polenta, Champignon mushrooms, bell pepper, onion, tomatoes, tomato paste, sunflower oil, garlic, flour, wine, salt

Calories (100g): 389.10 Kj, 92.74 kCal

Mashed beans with caramelized onions

250/50g (0E) ____ 17,00 lei

dried beans, onion, sunflower oil, garlic, salt

Calories (100g): 402.71 Kj, 96.65 kCal

Baked beans stew

250g (0E) ____ 13,00 lei

dried beans, tomatoes, onion, bell pepper, carrot, tomato paste, sunflower oil, garlic, salt, green parsley

Calories (100g): 426.12 Kj, 101.97 kCal

Zacusca with mushrooms

200g (0E) ____ 20,00 lei

bell pepper, eggplant, onion, Champignon mushrooms, sunflower oil, tomato paste, salt, peppercorns, bay leaves

Calories (100g): 463.76 Kj, 111.96 kCal

fasting

MENU

Eggplant and tomato salad

150/70/30g (OE) ____ 20,00 lei
eggplant, tomatoes, onion, sunflower oil, salt
Calories (100g): 313.71 Kj, 75.24 kCal

Oriental salad

300g (3E) ____ 16,00 lei *3, 6, 9
potatoes, pickled cucumbers, black olives, pickled
bell peppers, red onion, sunflower oil, vinegar, green
parsley, salt
Calories (100g): 347.19 Kj, 82.75 kCal

Stuffed cabbage rolls with mushrooms

180/200g (OE) ____ 28,00 lei
pickled cabbage, button mushrooms, Arborio rice,
onion, carrot, sunflower oil, tomato paste,
green dill, salt
Calories (100g): 378.90 Kj, 90.65 kCal

Vegetable stir-fry

200g (OE) ____ 14,00 lei
tomatoes, bell pepper, zucchini, eggplant, button
mushrooms, olive oil, green parsley, salt
Calories (100g): 293.76 Kj, 70.60 kCal

Braised vegetables with thyme

240g (1E) ____ 13,00 lei *2, 8
baby carrots, Brussels sprouts *, cauliflower *, water,
butter 80%, pumpkin seeds, green thyme, green
parsley, salt
Calories (100g): 347.81 Kj, 83.91 kCal

Braised cabbage

250g (OE) ____ 13,00 lei
cabbage, tomatoes, tomato paste, sunflower oil,
onion, green dill, salt
Calories (100g): 351.55 Kj, 84.39 kCal

Apple pie

150g (OE) ____ 13,00 lei *5
apples, flour, sugar, sunflower oil, baking soda, salt,
ground cinnamon
Calories (100g): 742.84 Kj, 175.63 kCal

***Allergens:**

1. eggs | 2. milk | 3. celery | 4. fish | 5. gluten | 6. mustard | 7. soy | 8.
tree nuts | 9. sulfur dioxide or sulfites | 10. sesame seeds
* - from frozen product