

# fasting MENU



Sergiana Coresi

## Traditional Vegetarian Platter

mushroom zacusca, eggplant salad, mashed beans, white onion, tomatoes, black olives

700g (2E) \_\_\_\_ 66,00 lei

*Calories (100g): 502.08 Kj, 121.04 kCal*

## Oriental Salad

300g (3E) \_\_\_\_ 19,00 lei \*3, 6, 9

potatoes, pickled cucumbers, black olives, pickled bell peppers, red onion, sunflower oil, vinegar, green parsley, salt

*Calories (100g): 366.44 Kj, 87.43 kCal*

## Eggplant and Tomato Salad

150/70/30g (0E) \_\_\_\_ 24,00 lei

fresh eggplant, cherry tomatoes, white onion, sunflower oil, salt

*Calories (100g): 400.00 Kj, 96.36 kCal*

## Avocado and Roasted Pumpkin Salad

350g (0E) \_\_\_\_ 35,00 lei \*5, 8

avocado, pumpkin, crispy lettuce, cherry tomatoes, lemon, red onion, extra virgin olive oil, bread croutons, walnut kernels

*Calories (100g): 526.26 Kj, 126.74 kCal*

## Eggplant and Mushroom Zacusca

200g (0E) \_\_\_\_ 22,00 lei

bell pepper, fresh eggplant, button mushrooms, white onion, sunflower oil, salt, peppercorns, tomato paste, bay leaves

*Calories (100g): 469.67 Kj, 113.36 kCal*

## Mashed Beans with White Onion

200/50g (0E) \_\_\_\_ 21,00 lei

dried beans, water, white onion, sunflower oil, garlic, salt

*Calories (100g): 626.04 Kj, 150.51 kCal*

## Traditional Vegetable Soup

400g (1E) \_\_\_\_ 20,00 lei \*3, 9

tomatoes, potatoes, cabbage, green peas, pickled hot peppers, green beans, tomato paste, white onion, sunflower oil, bell pepper, carrot, celery, vinegar, green parsley

*Calories (100g): 213.63 Kj, 51.20 kCal*

*fasting*

# MENU

## **Creamy Pumpkin Soup**

400g (1E) \_\_\_\_ 21,00 lei \*2, 5

water, pumpkin, potatoes, white onion, carrot, pumpkin seed kernels, bread croutons, ginger, salt

*Calories (100g): 230.05 Kj, 54.68 kCal*

## **Serbian Rice**

200g (0E) \_\_\_\_ 13,00 lei

rice, white onion, bell pepper, carrot, sunflower oil, salt, green parsley

*Calories (100g): 711.37 Kj, 169.37 kCal*

## **Sautéed Mushrooms with Garlic and Herbs**

250g (1E) \_\_\_\_ 17,00 lei \*9

Button mushrooms, sunflower oil, white onion, wine, green parsley, garlic, salt

*Calories (100g): 329.80 Kj, 79.35 kCal*

## **Mushroom Stew with Polenta**

300/200g (1E) \_\_\_\_ 30,00 lei \*3, 5

polenta, button mushrooms, porcini mushrooms, oyster mushrooms, tomatoes, white onion, sunflower oil, tomato paste, wine, flour, bell pepper, garlic, carrot, celery, green parsley, salt

*Calories (100g): 433.64 Kj, 103.46 kCal*

## **Oyster Mushroom Schnitzel**

300g (0E) \_\_\_\_ 30,00 lei \*5

oyster mushrooms, breadcrumbs, flour, sunflower oil, salt

*Calories (100g): 686.16 Kj, 164.05 kCal*

## **Baked Beans Stew with Pickled Cabbage**

300/200g (0E) \_\_\_\_ 26,00 lei

dried beans, tomatoes, white onion, bell pepper, carrot, tomato paste, sunflower oil, garlic, salt, green parsley

*Calories (100g): 426.12 Kj, 101.97 kCal*

## **Braised Cabbage with Polenta**

300/200g (0E) \_\_\_\_ 25,00 lei

cabbage, tomatoes, tomato paste, sunflower oil, white onion, green dill, salt, polenta

*Calories (100g): 410.56 Kj, 98.61 kCal*

## **Pancakes with Vanilla Cream and Forest Fruits**

270g (1E) \_\_\_\_ 20,00 lei \*2, 5, 8

flour, water, almond milk, walnut kernels, blackcurrants, blueberries, sunflower oil, powdered sugar, sugar, cocoa powder, vanilla extract

*Calories (100g): 1097.08 Kj, 260.86 kCal*

### **\*Allergens:**

1. eggs | 2. milk | 3. celery | 4. fish | 5. gluten | 6. mustard | 7. soy | 8. tree nuts | 9. sulfur dioxide or sulfites | 10. sesame seeds

\* - from frozen product