

fasting MENU



Sergiana Mureșenilor

Traditional Vegetarian Platter

eggplant salad with tomatoes, zacusca,
mashed beans, black olives

700g (2E) ____ 70,00 lei

Calories (100g): 443.00 Kj, 106.32 kCal

Mashed Beans with Onion

200/50g (0E) ____ 20,00 lei

dried beans, water, white onion,
sunflower oil, garlic, salt

Calories (100g): 626.04 Kj, 150.51 kCal

Eggplant and Mushroom Zacusca

200g (0E) ____ 25,00 lei

fresh eggplant, bell pepper, button mushrooms, white
onion, sunflower oil, tomato paste, peppercorns, bay
leaves, salt

Calories (100g): 499.50 Kj, 120.49 kCal

Vegetable Soup

400g (1E) ____ 18,00 lei *3, 9

tomatoes, potatoes, cabbage, green peas, pickled
hot peppers, green beans, tomato paste, white onion,
sunflower oil, bell pepper, carrot, celery, vinegar, green
parsley

Calories (100g): 213.80 Kj, 51.25 kCal

Oriental Salad

300g (3E) ____ 18,00 lei *3, 6, 9

potatoes, pickled cucumbers, black olives, pickled
bell peppers, red onion, sunflower oil, vinegar, green
parsley, salt

Calories (100g): 383.98 Kj, 91.40 kCal

Oyster Mushroom Schnitzel

300g (0E) ____ 21,00 lei *5

oyster mushrooms, breadcrumbs, flour, sunflower oil, salt

Calories (100g): 548.69 Kj, 131.09 kCal

fasting

MENU

Baked Beans Stew with Pickled Cabbage

300/200g (0E) ____ 18,00 lei

dried beans, tomatoes, white onion, bell pepper, carrot, tomato paste, sunflower oil, garlic, salt, green parsley

Calories (100g): 426.12 Kj, 101.97 kCal

Braised Cabbage with Polenta

300/200g (0E) ____ 23,00 lei

cabbage, tomatoes, tomato paste, sunflower oil, white onion, green dill, salt, polenta

Calories (100g): 388.29 Kj, 93.35 kCal

Eggplant Salad with Tomatoes

150/70/30g (0E) ____ 25,00 lei

fresh eggplant, cherry tomatoes, white onion, sunflower oil, salt

Calories (100g): 365.64 Kj, 87.93 kCal

Breaded Button Mushrooms

300g (0E) ____ 21,00 lei *5

Button mushrooms, flour, breadcrumbs, sunflower oil, salt

Calories (100g): 567.92 Kj, 135.56 kCal

Mushroom Stew with Polenta

300/200g (1E) ____ 35,00 lei *3, 9

polenta, button mushrooms, porcini mushrooms, oyster mushrooms, tomatoes, white onion, sunflower oil, tomato paste, wine, flour, bell pepper, garlic, carrot, celery, green parsley, salt

Calories (100g): 442.29 Kj, 105.46 kCal

Baked Apples with Apricot Jam

300g (2E) ____ 20,00 lei *8

apples, apricot jam, walnut kernels, powdered sugar, ground cinnamon

Calories (100g): 733.02 Kj, 174.81 kCal

***Allergens:**

1. eggs | 2. milk | 3. celery | 4. fish | 5. gluten | 6. mustard | 7. soy | 8. tree nuts | 9. sulfur dioxide or sulfites | 10. sesame seeds

* - from frozen product