

fasting MENU



Vegetable Soup

400g ____ 19,00 lei

tomatoes, potatoes, cabbage, green peas, pickled hot peppers, green beans, tomato paste, white onion, sunflower oil, bell pepper, carrot, celery, vinegar, green parsley

Calories (100g): 215.63 Kj, 51.60 kCal

Eggplant and Mushroom Zacusca

200g (OE) ____ 22,00 lei

fresh eggplant, bell pepper, white onion, button mushrooms, sunflower oil, tomato paste, salt, peppercorns, bay leaves

Calories (100g): 434.39 Kj, 104.74 kCal

Mashed Beans

200/50g (OE) ____ 20,00 lei

water, dried beans, white onion, sunflower oil, tomato paste (28%), garlic, salt

Calories (100g): 534.22 Kj, 128.01 kCal

Breaded Mushrooms

300g (OE) ____ 25,00 lei *5

button mushrooms, flour, breadcrumbs, sunflower oil, salt

Calories (100g): 620.45 Kj, 148.53 kCal

Sautéed Vegetables

200g ____ 18,00 lei (OE)

bell pepper, Champignon mushrooms, zucchini, fresh eggplant, tomatoes, extra virgin olive oil, salt, green parsley

Calories (100g): 371.11 Kj, 89.52 kCal

fasting

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Green Beans with Garlic

300g (1E) ____ 20,00 lei *3, 5, 6, 8, 9, 10

green beans *, sunflower oil, garlic, paprika, salt, green parsley, black pepper

Calories (100g): 457.92 Kj, 110.23 kCal

Oriental Salad

300g (3E) ____ 18,00 lei *3, 9

potatoes, pickled cucumbers, black olives, pickled bell peppers, white onion, sunflower oil, vinegar, green parsley, salt

Calories (100g): 445.47 Kj, 106.67 kCal

Braised Cabbage with Polenta

300/200g (0E) ____ 22,00 lei

cabbage, tomatoes, tomato paste, sunflower oil, white onion, green dill, salt, polenta

Calories (100g): 411.77 Kj, 98.26 kCal

Baked Apples with Walnuts

300g (2E) ____ 20,00 lei *8

apples, sour cherry jam, walnut kernels, powdered sugar, ground cinnamon

Calories (100g): 834.29 Kj, 199.86 kCal

***Allergens:**

1. eggs | 2. milk | 3. celery | 4. fish | 5. gluten | 6. mustard | 7. soy | 8. tree nuts | 9. sulfur dioxide or sulfites | 10. sesame seeds

* - from frozen product