

fasting MENU



Creamy vegetable soup

400g (2E) ____ 26,00 lei *2

baby spinach, potatoes, cooking cream 32%, butter 80%, zucchini, onion, garlic, green parsley, black pepper, salt

Calories (100g): 303.07 Kj, 73.16 kCal

Porcini mushroom stew with polenta

300/200g (1E) ____ 43,00 lei *5, 9

porcini mushrooms *, cornmeal, tomatoes, button mushrooms, onion, sunflower oil, tomato paste, wine, flour, bell pepper, garlic, carrot, salt, green parsley

Calories (100g): 470.75 Kj, 111.88 kCal

Traditional vegetarian platter

850g (2E) ____ 75,00 lei *5

breaded mushrooms, mashed beans, eggplant salad, zacusca, black olives, tomatoes

Calories (100g): 477.75 Kj, 114.81 kCal

Roasted vegetable and lentil salad with avocado

450g (7E) ____ 39,00 lei *3, 9

zucchini, bell pepper, avocado, green onion, sun-dried tomatoes, canned lentils, lemon, extra virgin olive oil, dried basil, black pepper, salt

Calories (100g): 266.39 Kj, 63.82 kCal

Zacusca

150g (0E) ____ 25,00 lei

eggplant, onion, button mushrooms, bell pepper, sunflower oil, tomato paste, whole peppercorns, bay leaves, salt

Calories (100g): 368.18 Kj, 88.62 kCal

fasting

MENU

Eggplant Salad

150g (0E) ____ 25,00 lei

eggplant, sunflower oil, red onion, salt

Calories (100g): 478.90 Kj, 115.16 kCal

Mashed Beans

150g (0E) ____ 20,00 lei

dried beans, onion, sunflower oil, garlic, salt

Calories (100g): 560.88 Kj, 134.99 kCal

Breaded Mushrooms

300g (0E) ____ 29,00 lei *5

button mushrooms, flour, breadcrumbs, sunflower oil, salt

Calories (100g): 523.99 Kj, 125.23 kCal

Grilled Vegetables

200g (3E) ____ 25,00 lei *9

bell pepper, fresh eggplant, zucchini, lemon, extra virgin olive oil, green parsley, honey, balsamic vinegar reduction, black pepper, salt

Calories (100g): 355.75 Kj, 85.28 kCal

Braised Cabbage with Polenta

300/200g (0E) ____ 25,00 lei

cabbage, tomatoes, sunflower oil, tomato paste, onion, green dill, salt

Calories (100g): 206.24 Kj, 49.53 kCal

***Allergens:**

1. eggs | 2. milk | 3. celery | 4. fish | 5. gluten | 6. mustard | 7. soy | 8. tree nuts | 9. sulfur dioxide or sulfites | 10. sesame seeds

* - from frozen product